

Getting Down Under Things

The contemplative practice of the prayer of silence, Christian Meditation, takes us inwards towards our 'true-self-in-God'.

Saturday 17th May 2025 from 10.30-3.30

In Inverurie West Church chapel. AB51 3SA

Come and listen to talks led by Alex Holmes of WCCM and experience two periods of silence and stillness.

Bring own packed lunch, tea and coffee provided.

To book and for further info contact Elspeth on revmum55@gmail.com