



Worship and pray with us

Come together in prayer, with thousands of other churches, in support of your global neighbours.

This year, our wide range of worship and prayer resources explore faithful action. A theme inspired by the experiences of urban farmers, Fridah

and Belinda, in Dagoretti, Nairobi. These women speak about the strength they gain from their conviction that God is faithful and cares for their families. They see God at work in the Christian Aid funded agricultural training provided by Beacon of Hope.

Through scripture, prayer and song we can explore God's faithfulness together. Will your church join with us and support Christian Aid Week through your own faithful actions?

Visit caweek.org/Resources to order or download your worship resources, including our daily devotional booklet to accompany the seven days of Christian Aid Week.

Hold a Lent lunch and get planning

Why not hold a Christian Aid Week planning session over Lent? It's a great time and an easy way to invite new volunteers to get involved. Chew over some fresh ideas and explore what your community wants to do. Planning Christian Aid Week during Lent can unite your congregation and offer the chance to reflect on your journey of discipleship together.

Through events, fundraising activities, learning sessions and digital giving, your church can make a real difference to people who are living in poverty.



Visit caid.org.uk/Lent to get your Lent lunch resources and make Christian Aid Week a celebration of your community's commitment to justice.

Why not ignite the spirit of service by organising a volunteer drive at your church or in your local community? In response to feedback, new volunteering posters and leaflets are now available at caweek.org/Resources



Request a speaker

Did you know you can request a volunteer speaker for your church service? They can share the powerful impact of Christian Aid's work and inspire your congregation with a topical talk or sermon. Visit caid.org.uk/Speaker for more information.



We're always looking for new speakers too, visit the above link to find out more.

Spread the word

We'd love you to share Fridah's story of determination and faithful action with your church and wider community. We've got a fantastic range of free resources to help you do this, whether you're preparing a special service or planning a fundraiser.

In response to your feedback, accessing our resources has now been made easier. Simply scan this QR code or visit caweek.org/Resources to either order online or download. A paper order form has also been included in this pack, but you can find everything online. Please place your order as soon as you can to maximise the promotion of your Christian Aid Week 2026 events.



Bank and report your donations

Our Paying-in pack is automatically sent with every resource order, making it simple to deposit and report the funds you've raised. The pack includes a prepaid envelope to return cheques, completed Gift Aid declarations and banking slips. Please complete your Christian Aid Week returns by the end of July so that our national reports can be submitted.

It's vital that Christian Aid adheres to all legal fundraising regulations, which vary across the devolved nations. Our Paying-in pack provides clear, step-by-step guidance to help you stay compliant. Plus, we've improved our online portal so that reporting and paying in income is fuss-free. **Please remember that all house-to-house donations must be reported to Christian Aid.**

Pay in at the Post Office!

Cash donations: If you'd like to deposit cash at the Post Office, Christian Aid Week groups can do this with a personalised paying-in card. This can be ordered from our online resource site, and you don't need to renew your card each year. The Post Office accepts notes and counted, bagged coins up to £999 per deposit.

Cheque deposits: If you can't get to a bank to deposit cheques, these can be sent directly to Christian Aid using the prepaid returns envelope. Please complete a banking slip to accompany any cheques. Visit caweek.org/Returns for further information.

It's never been easier to report your fundraised income and find the paying-in option that's right for you. Now, you can spend more time enjoying your activities and events.



Go cashless for greater impact



While cash gifts remain important, many supporters now prefer cashless giving. It can be more accessible and often leads to larger donations.

Three ways to boost your fundraising

1 Create a fundraising page: Set up one for your group or yourself on our website. Share the link and the QR code to make it easy for people to donate. Visit caweek.org/Fundraise to sign up.

2 Turn your smart phone into a contactless device: Perfect for street collections, bake sales and other fundraising events. Your supporters can simply tap to donate – effortless giving. To register visit caweek.org/GiveStar

3 Increase donations with Gift Aid: When you collect a donation on your smart phone, the supporter can add Gift Aid in just a few taps. They'll add their details, and any Gift Aid is automatically added to your fundraising total. That means an extra 25% on every eligible donation at no extra cost. All your supporter's information stays securely in the app (never on your phone), so you can relax knowing data protection is covered.

With some simple steps we can maximise the funds we raise together. For more details, visit the links above or contact the Central Supporter Engagement Team at hello@christian-aid.org or call 020 7523 2493.



Where hardship means hunger

...urban farmers can grow hope.



Urban farmer Fridah with grandson Quillan in Dagoretti, Kenya.

Christian Aid Week 10-16 May 2026

Find out how your church can stand with global neighbours who are building a life beyond poverty.

Will your church support someone like Fridah to protect their children from hunger and malnutrition?



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Welcome to your Christian Aid Week fundraising pack!

Christian Aid Week is one of the biggest acts of Christian witness in the UK and Ireland. As a valued volunteer, we're excited to share how you can take part and make a difference in 2026. We've got inspiring fundraising ideas and more free resources than ever before. Explore the pack, rally your congregation or Christian Aid group, and join us for another extraordinary year. But first, please take a moment to read Fridah's inspiring story.

Imagine waking every morning knowing if you don't earn money today, your family will go hungry tonight. With no formal work opportunities, heartbreakingly low pay, high food prices, and no social support, it's impossible to plan ahead. This is urban poverty – the precarious, stressful life most people lead in the densely packed, sprawling informal settlement of Dagoretti in Nairobi, Kenya.

Fridah Moraa is a mother and grandmother who became the sole provider for her family when her husband died last year: **'When my husband was alive, we used to share responsibilities – like paying rent, school fees, hospital fees. But now, I'm responsible for everything.'** Protecting the children from hunger and malnutrition is a constant battle: **'When I wake up, I have a lot of worries. Sometimes I don't have food.'**

Fridah lives in Dagoretti with her twin sons, 13-year-old Eliud and Abiud, her daughter, and grandson, 4-year-old Quillan. The family live in rented corrugated metal shelters. There's no running water and only shared toilet facilities. To bring in money, determined Fridah sells vegetables that she buys from a wholesaler. It's a two-hour round trip, six times a week. This is a relentless, time-consuming way to make an unreliable income: **'Sometimes I don't know how I'll feed my family. But I believe in myself and pray to God that I will succeed.'**



Fridah tends her vertical, space-saving garden.

But thanks to a programme of support from Christian Aid's partner, Beacon of Hope, Fridah's nurturing seeds of change.

Beacon of Hope is training aspiring urban farmers like Fridah to cultivate their own vegetables in small, unused city spaces. Fridah: **'At first, I didn't understand. I was wondering, where can someone farm here in Nairobi?'** Training sessions cover farming techniques, such as pest management, compost production, and seed cultivation, as well as business skills. Participants are supported with the tools, seeds and plots they need to get started.

Fridah's urban farm is hidden at the end of a concrete alley. You'd never guess that lush crops could thrive here. As she opens the gate, her face beams with pride: **'When what I have planted grows – that is what makes me happy. When I get money that I have earned – that is what makes me happy.'** Fridah's now feeding her family with her own nutritious produce and selling it on her market stall to generate income.

From living meal to meal, not knowing if her children will go to bed with empty stomachs, Fridah now cherishes the security her small farm is bringing: **'Urban farming has changed my life.'**

Join us to support families like Fridah's to protect themselves from hunger, and nurture hope.

This Christian Aid Week, how will you fundraise, act and pray?

7 days to make a difference

Christian Aid Week fundraising is faithful action, done your way. Are you a thrill-seeking abseiler, an enthusiastic baker, a brave wild swimmer, a green-fingered gardener, or a board game whizz? Why not let your hobbies and interests be your inspiration and build an event or challenge around them?

The possibilities are endless – sponsored sporting activities, bake sales, open gardens, board game marathons, fancy dress days. The most important thing is to have fun, stay safe, and rally your community to support people living in extreme poverty.

A charity challenge isn't just a great way to test your skills and raise funds. It can also be a way to explore your calling to act for justice. And it can help you talk about social justice issues in your church and community.

We've got you covered

You asked us for more fundraising inspiration, so we've expanded our A-Z of ideas. We also have a range of ready-to-go fundraising activities, including 70k in May, Big Brekkie and the legendary Christian Aid Week quiz. Find all this and more at caweek.org/Resources



Take on 70k in May

Move 70km in May, your way. You could run, jog, walk, cycle, swim, hop or dance the distance away! Tackle it in one go or manageable chunks. You could take on the challenge as an individual or a congregation. If you're travelling outdoors, why not see how many churches you can visit on the route?



Pass it on! Easy ways to fundraise

Looking for a simple way to raise money this Christian Aid Week? Envelope collections are very effective and easy to arrange. We have envelopes for both in-church collections and door-to-door delivery. You can either return to collect or ask people to drop off their gift at a collection point.

Want to collect as a team in your community? We can help you organise a street, supermarket or railway station collection. Contact us so we can ensure you have everything in place to meet all statutory requirements. Visit caweek.org



Changemakers Conference

Christian Aid Week launches at our annual Changemakers Conference. Learn more about our featured project in Kenya and meet our partners, Beacon of Hope. Exchange ideas with other volunteers, and ask our staff anything. Attend in person in London, join one of our regional watch parties, or log in from the comfort of your own home on 14 March.

Wales will be holding their supporter event in two locations: Cardiff on 17 March and Wrexham on 18 March. Scotland will again be hosting The Gathering on 24 February at 10:30am, online. Northern Ireland will be holding their annual supporter event on 14 March at the Carnmoney Presbyterian Church. For details of the event near you, contact your regional representative or email events@christian-aid.org

Stand with Kenya

A debt crisis in Kenya is trapping people like Fridah in poverty. Kenya spends more paying back debt than it does on public services, such as healthcare and education.

The UK Government has the power to introduce new debt justice laws that could help tackle poverty in Kenya.



We need your voices to help amplify our call for action!

This Christian Aid Week, invite your community to write down and share their hopes and prayers for people living in poverty in Kenya. Send us your best creations, and we'll use them in the design and build of our restoration pot. The pot is going to be a big, beautiful, three-dimensional piece of craftivism that can't be ignored. We'll be presenting it to UK decision makers as a call for debt justice.

Find more information and resources at caid.org.uk/RestorePot



Share the love

Sharing your updates on social media, in newsletters, or with the local press, is a great way to generate excitement and support for your fundraising. Being loud and proud not only promotes your plans, but also encourages others to make their own, and raises awareness of poverty and injustice.

Why not try to secure a special guest or two? Think local celebrities and politicians. If your elected representative attends your event, take the opportunity to tell them that your community cares deeply about their global neighbours, and wants the UK Government to act on extreme poverty and the debt crisis.

We all have seven days to make a difference, this Christian Aid Week what will you do?