



The Presbytery of the North East  
and the Northern Isles

*Pilot*  
**TRAINING  
DAY**

# PASTORAL CARE *Volunteer* TRAINING PROGRAMME

A practical and interactive training day for those who feel called to care for others.

This pilot programme has been developed to equip volunteers with the confidence, skills and understanding needed to provide compassionate pastoral care within the Church of Scotland and local communities.



*You will explore:*



Understanding pastoral care



Active listening skills



Pastoral boundaries  
and safeguarding



Supporting people through  
bereavement, illness and loneliness



Self-care for  
pastoral carers



Prayer and  
spiritual encouragement



**DATE: SATURDAY 18 JULY 2026**



**TIME: 10:00AM – 4:00PM**

(Registration and refreshments from 9:30am)



**VENUE: GARDEN LOUNGE AT THE STOCKET  
HARCOURT ROAD,  
ABERDEEN AB15 5NZ**



**PLEASE BRING A PACKED LUNCH.**

Tea, coffee and light refreshments  
will be provided throughout the day.

*Who should attend?*



- Existing pastoral visitors
- Pastoral Care Team members
- Elders involved in pastoral care
- Those exploring a call to pastoral ministry and support

**TO BOOK A PLACE, CONTACT:**



Natasha Hepburn



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*Scan to book  
or for more  
information!*

*All are welcome!*

*“Let all that you do be done in love.”*



– 1 Corinthians 16:14

